

ABOUT THE FISH ERA, HEALING, AURA AND MUCH MORE

INTERVIEW WITH TATIANA TROFIMOWA

- Tatiana, it is not a secret that in the last 15 to 20 years there have aroused interest not only for alternative medicine, but also for esoteric knowledge of all kinds. How can you account for this fact?

- We all used to live in the Fish era (1-2000 yrs. A.D.). This era started from the day Christ was born. In his times the symbol of fish was very popular. This symbol carries with it the meaning of kindness, compassion, forgiveness and unselfishness. Yet it also stands for confusion and self-deception. Fish still has some influence on us, though now we have entered a new era, that of the Aquarius (2000-4000yrs. A.D.). The influence of the Aquarius era is reflected in tremendous advancements in science, technology and understanding of the universe. Aquarius often demonstrates signs of carelessness and indifference towards the everyday life and provokes fast spiritual development of the humanity. Now we do our best to find answers to the questions which 15 - 20 years ago seemed inexplicable and did not interest us at all, we try to find application to our discoveries in practice.

- They say that we happen to live in some specific time. What is this all about? What does it mean to us, common people?

- Lots of predictions, such as those of Edgar Casey (the sleeping prophet), Nostradamus, the Bible, the Virgin Mary, Yogananda and many others refer to our present as Time of the Great Change. Many believe that this is a time of much suffering and destruction; when our planet undertakes a new form and structure and the world changes beyond recognition. Others see this period as a time of fast spiritual growth and development along with an entrance into a new world. Yet some think it is both. Great prophets believe this period started February 26, 1998 (the solar eclipse) and will last until February 18-19, 2013. This is the time of the Great Change. The way we come through it, whether or not it breaks us, depends solely on us.

- There appear many people claiming that they are able to help in solving many problems, including health ones. What can you say about this? What kind of person, in your opinion, does have the right to undertake such tasks? I mean his aura, moral and personal qualities.

- I will start my answer with a question. Why do people fall ill? According to the traditional medicine there can be such reasons as infection, stress, poor ecologic environment, body weakness, etc. All the above is right and sounds convincingly. But we can not ignore the fact that sometimes a person suffers and even dies from the unclear diseases, he complains on one thing, than another one and feels worse and worse. These are the cases when people feel it is time to apply to the healer as the present biological

science is unable to find out the causes of such diseases. So we mainly deal with such strange diseases. They can be classified as karmic (caused by curses and hexes) and infectious. A sick person comes to the healer. I think that healing is a calling. You can not become a healer one month course. It is a life which gets closely connected to lives of other people, their destinies. As a result they become a part of you and vice versa. You are not in the right to convict or assess them; you can only love them with all their drawbacks and problems. Love is the main commandment of healing. Remember the words of Serafim Sorovsky, "Love thy neighbor" This explains everything.

A healer should be a delicate and tactful person of high morality, spiritual integrity, with clean aura, able for sympathy and compassion, he should bring Light and hope to the people, love them (as I've already said) and pray for them. Often when I am busy with my chores, all of a sudden I see an image of this or that person. It means that he experiences moral, physical or spiritual sufferings at that moment, he needs urgent help. So, I put everything away, concentrate and pray for that person and his family. After I close the door in my office, my help is not over. Hundreds of people may simultaneously use my energy code which I give them:

**"TATIANA, PLEASE COME TO ME AND HELP.
THANK YOU IN ADVANCE, GOODBYE."**

During a few minutes after you use the code, you should not cross your arms or legs. I feel the vibration of the people using the code and immediately send them the positive energy of love which is helpful in any situation. To believe you should try it yourself. We often distrust and reject everything and not even try to change anything in our lives. So, it is your choice. And it is not a question of belief. If I worked with bio energy, then I would not be able to do anything without belief, but as I use only pranic, i.e., life, heavenly, universal or as it is also called space energy, there can be no energetic incompatibility. And belief does not matter at all. Our subconscious natural instinct is the desire to live on. Even if you tell yourself that you will not get better, your body is able to do otherwise. In other words at my sessions your body begin to cooperate with the person who helps it to get better and not destroys it, i.e. it cooperates with me and not you. When a person with poor bio energy corrupted by stress or depression, enters my office, I often see him as if in a scorched cocoon. Since I work with pranic or universal energy, first, the person's aura begins to shake (this always reminds me of a crying baby), then it opens and seems to stretch out its hands asking for help. At that moment there begins a beautiful and harmonic friendship of your aura with mine.

A month old infant brought to my sessions is not able to believe in anything, as well as a cat or a dog. They are not to be deceived. They are only able to feel you, and they want a swift recovery and are not ready stay in line for it.

We all follow common rules of hygiene like brushing our teeth several times a day, taking showers and washing our hands. Yet we tend to forget about our aura which gives us life energy. Of course, this is difficult and sometimes just impossible to take care of it without assistance. Then, why not apply for help? It is so close..

- Often people do not believe in things which they are unable to see, touch or percept, and such words as Energy or Aura make them smirk at best. Is there a way to measure the field of the human aura?

- Thank God, time of doubt, disbelief and ignorance is up. More often now we may run into scientific proof of the aura existence. Everything we see, hear, touch, smell and

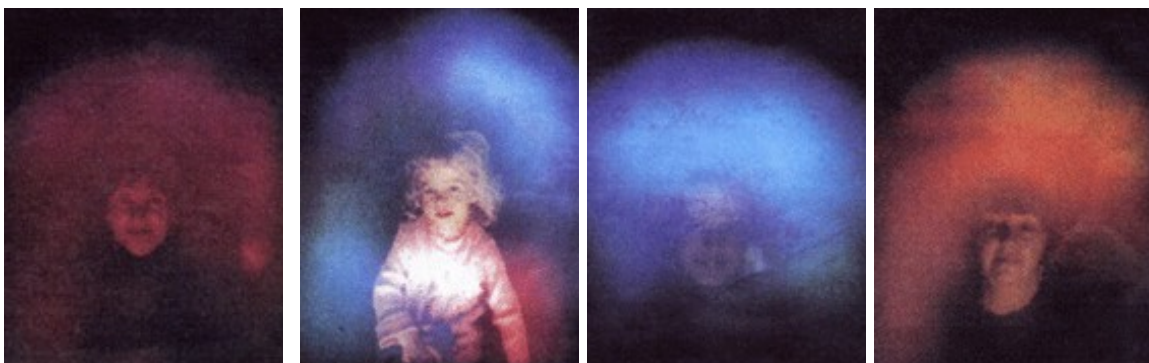
taste is a kind of and biological energies. For example, a dollar bill is energy, so is a rose. Neither yields importance to the other one. What means is the way we use this energy. You can't buy a rose without a dollar, and therefore you won't see the shine of your mate's loving eyes. What can be more beautiful than the energy of love? Nothing. This is how simple it all is. As result of your material spending you receive the strongest energy of love. Nothing disappears without a trace. We receive what we give. The saying of "you take what you give" is absolutely justified. Our physical body which we can touch and sense has six other energy bodies, which surround and interpenetrate it like water does a sponge. Most people are not able to acknowledge these six bodies due to our limited physical perception.

The first of the six bodies which is closest to the physical one is called the etheric or bioplasmic body. This body is a carbon copy of the physical one with all our organs and body parts. Every organ in our body bathes in the energy of the etheric shell. Should this energy become deficient, then the closest organ will become ill. Yet the clearest picture of overall health will be demonstrated by a person's entire aura.

The aura is the indicator of of our soul. The aura comprises a person's seven bodies, it is his energy shell. Ancient spiritual icons depict saints with an egg shaped circumference around their bodies. These are their auras. The aura can reach up to seven feet high and four feet wide. The narrowest portion of this circumference is at the bottom of the physical body or at our feet. The aura consists of multicolored light coming from different parts of the body. Kind and healthy individuals usually have a beautiful aura. People of high spirit are considered to have auras of greater volumes. In my line of work, I gather information about a person's health judging by the looks of his aura. It is most interesting that the aura reflects health problems before the person feels sick, which can help to avoid serious problems.

It is possible to teach practically anyone to see the human aura, but only few can do it without any instruction. It is much simpler when it comes to the etheric layer of our aura. Everyone, if he wishes to do so, is able to notice a light blue steamlike substance surrounding his fingers when he stares at them with dispersed vision over a white background.

At the end of the third decade of the last century Russian scientist Simon Kirlian occasionally discovered a way to photograph the human aura. Today many parapsychological centers offer to take your picture using this technique. I personally took advantage of this service at the San Mateo Psychic Fair, since I can only see my own aura in the mirror. When my photo, the one I show to you, was ready, the lady photographer suddenly burst out with excitement. I was surrounded by many people practicing the science of parapsychology. They started asking me if I was an angel and if they can touch me. I don't mean to brag, I just describing their reaction. You may compare my aura to the ones you see below.



My aura is bright, clear, yellow and the correct shape of an egg. The yellow color symbolizes creativity, kindness, and high intellect, philosophical and optimistic nature. A person with such an aura has the ability to help others. All chakras (energy centers) are in harmony and balance with it. Every chakra shines its own individual color corresponding to the color spectrum of the rainbow. Though my aura is yellow, it, nevertheless, contains every color of the rainbow spectrum. This very phenomenon emphasizes our unity with the space and the whole universe. A human being is a micro space; a little but an integral part of something very big.



- What kinds of auras are there and what do they mean?

- The term aura has derived from the Greek word aura translated as light breeze. The aura is visible around all objects, may it be a stone or a kitchen table. The aura does not have any external boundaries and penetrates into every cell of the body reflecting the cellular characteristics on the thin energy field levels. In other words, the aura can be considered an organic continuance of the body or its inseparable part.

- Energies of the aura contain information about one's personality, way of life, thoughts, feelings and health. It is like a color portrait of the soul.

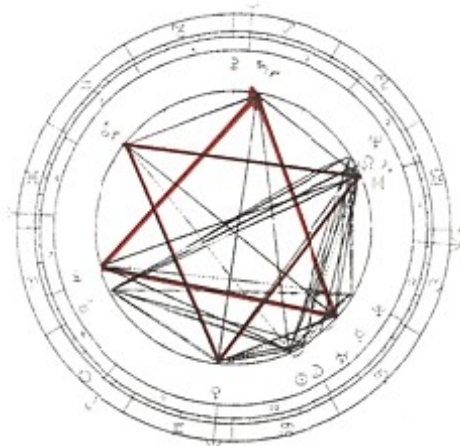
- Pardon me for asking the following question which you may choose to skip. As far as I know you are a Christian, but I see the Star of David on your neck. How does this relate?

- Before arriving in the US, for 8 years I lived in Lodza, Poland. Yet I was born in Ukraine in the family which practiced the Christian faith. It was my grand mother who first introduced me to my faith. I always visited the church and gladly listened to every word the Father had to say. The Father of our church had a lady assistant who was a psychic. When a baby was baptized, the Father would ask her about the fate of the child. She would always speak the truth. Everyone tried to baptize his newborns when she was in the church. I used to spend hours at her place sitting in front of the icons listening to her stories about the saints. When she saw me carry groceries, she would come out, take them away and tell my grandmother not to let me lift heavy things. She always said, "You don't know what you have. Tatiana has seven generations to save".

This is the way I grew up. I often visited the church, listened to the Father and absorbed much of the bible. Sometimes people ask me whether I am catholic or not, since this religion is the mainstream in Poland. I am a Russian Orthodox, though I view God not as an elderly man with a beard sitting on a cloud passing out judgment and forgiveness. God is a self sustaining and self creating energy which has created all things. It is the Creator who loves us unconditionally. Punishment for our sins we give ourselves trying to blame God for everything. Yet God is fair and good. He puts everything back together in our lives.

By God's will I met a great astrologist from Riga, Latvia. In fact I first saw him after he had prepared my horoscope. I had sent my data to Riga without indicating who I am and what I do. A month later I wondered why my horoscope was not ready yet. Then I got an inquiry from Riga concerning the exact date of my departure to Poland. This confirmed the fact that the horoscope was correct, since they did not know whose information this was. When I got the horoscope I was asked to contact my astrologist from Riga, since he had never met anyone with such a fate as mine. The astrologist characterized my fate as a double red triangle (the Star of David); the symbol of the holly spirit which offers a help in any crisis. This is a very rare sign, which belongs to only two percent of the population. It gives spiritual power.

According to my astrologist, a person who is born under the Star of David has to wear it regardless of his religion. This star is my good luck charm, while the cross symbolizes my religion.



I acknowledge one religion; the religion of love and try to follow principles of peace, happiness to all people and all living things in the universe.

Last fall I had the pleasure of meeting an outstanding person from India and his daughter who happened to be an astrologist. I enjoy meeting such people, talking to them about the spiritual growth. After an interesting conversation on religion, spiritual development and eastern influence on the west, he offered to read my fate in Sanskrit written on thin boards of sandalwood. The first thing he read was that I was born under the Star of David and that I must always wear it. He specified the shape corresponding to my personal vibrations, and later I ordered such a star at a jewelry store.

When as a little kid I happened (very rarely though) to see other people wearing the Star of David, I always wanted to get the same one. Yet I understood that I as a Russian Orthodox I was not in the right to wear it. But I did want it! Now that I know why I have always been attracted by this beautiful star, I wear it with pride and great joy. I was once again happy to receive the answer from the God: the Star of David is mine by right of birth, but not religion.

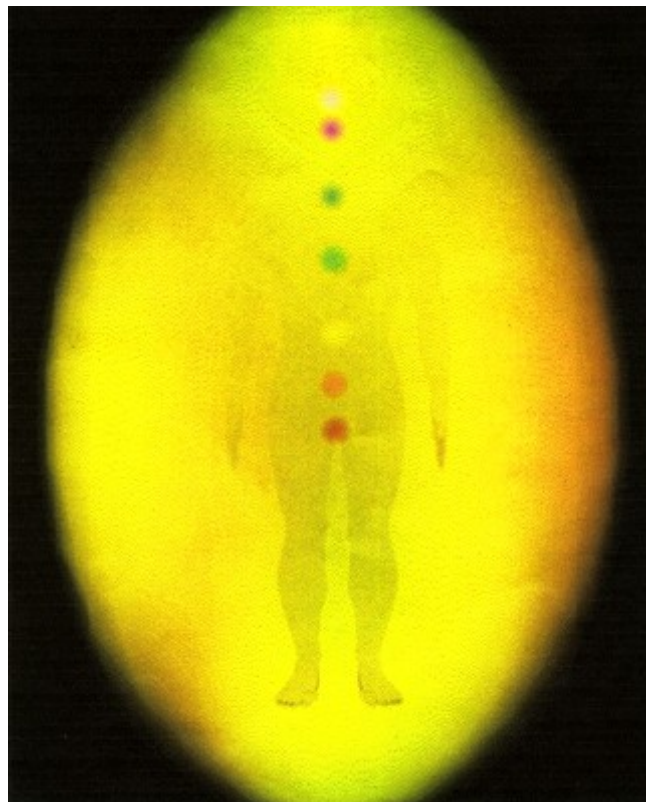
- Can you talk about your major belief in life?

There is only one religion – the religion of love
There is only one race – the race of the people
There is only one language – the language of the heart
There is only one God, and he is ever present
(Sai Baba)

This is my credo: to open people's hearts for love, happiness, compassion, forgiveness and spiritual development.

- What can you wish to the readers?

- Since we live in the time of the Great Change, much depends on us, common people. It is in our power to let evil into our lives or not. I would advise the readers not to meddle in other people's problems. For when we judge others, we ourselves become more vulnerable to disease, curses and many negative outside influences. Besides, I can tell you how you can protect yourself from the negative energy. Cut out a photograph of my aura (resembling a full egg) and place a photo of yourself in the middle.



Then place this picture on a door in your room. When you leave your home imagine yourself inside my aura. If you decide to raise your hands, then this protective shield will expand. If you brush up against others in a crowded environment, it will contract, yet it won't be harmed. And in time it will regain its original shape. All the positive energy traveling through such an aura will come to you, while all the negative energy will bounce off and return to its creator. If you practice this regularly for at least one month, believe me, it will be very difficult to penetrate into your energy field. This means that energy vampires, who unfortunately exist everywhere, will feel powerless in front of you. You should bless

with love and let go all thoughts about people, which tend to bother you. Send your heart warmth, love, positive thoughts to the country you are from. Judging people never helps. Compassion, love, care and blessing can work miracles. And will make it possible. It is the only way we can be happy and bring happiness to others. So may the cup of love in your homes always be filled.

God bless you.