

# From Russia with Love

*A story of a recent Russian Immigrant and her dramatic ability to help people heal using “pranic” energy and a touch of love.*

*By Ed Strachar*

When one first meets Tatiana, a Russian immigrant from Rostov na Don an almost intimidating figure, large and solidly built with eyes that seems to look through you, it is an experience you are not likely to forget. When she then speaks with you, there is a touch of gentleness, compassion and understanding that implies she knows and cares far more about you than the mere initial introduction would have you think. Intuitively, you know there is something special about her.

Tatiana arrived in the USA in 2000 after living in Poland for several years. Originally Russian, Tatiana realized her ability was special only at the age of 32, in 1990. She began seeing auras in people. Auras are a bit of a mystical term usually connoted with spiritual teachings. The more scientific term is our bio-electromagnetic field. We all have this as all electrical currents, no matter how tiny, create a field. Since our nervous system runs throughout our entire body, it creates a field around us reflective of those currents. Thus, this field can be read and interpreted by skilled people, sometimes though not necessarily through the use of instrumentation. People who are legitimately psychic, can sense the aura and determine a lot about a person through reading this “aura” or field.

When you meet such a person, you realize there is no hiding; and while Tatiana is one of those people, her ability and perception of you and her “read” of your aura comes through a gentle caring voice of compassion that instantly gives you the impression that a) She wants to help you and b) She knows what’s wrong without you needing to tell her and thus any initial hesitation is quickly replaced by feelings of a caring and knowledgeable person.

Pranic healing is how she describes her trait. Prana – is the Sanskrit word that literally means life-force. The Chinese use the word “chi”. Martial artist use this word to explain their incredible feats. Eastern mysticism often refers to it as a personal? force from within. With Tatiana, it’s in the form of a vivid radiant heat flowing from her hands as they pass gently around your body, with hardly a touch.

My personal experience was one of intrigue. I had in my life met a only handful of people with such ability, usually in far way places like Thailand and the Philippines, occasionally in the USA, but to meet one here Sunnyvale was of special interest to me. I was referred by a Russian friend of mine who raved about his results with her on his lack of male potency, something of a private matter that he only shared with me after knowing him 8+years.

So I decided to go and see for myself. Within a few minutes, she had diagnosed my entire body, strengths, weaknesses and all. Most of which I already knew, because I have had many people test their abilities on me, as part of my research and personal evaluation of their abilities.

She was exactly correct. It took her 1-2 minutes. For me, my health issues are weak digestions: what she calls the hormonal system; the spleen, pancreas and kidneys, were weak. All of which I knew about from visiting many Chinese medicine specialists in Asia who tested me thoroughly. Chinese medicine acutely recognizes the function of the organs and their importance to the overall health of the body. Where as western medicine is quick to operate and surgically remove these organs and if they seem not be working, leaving a person confined to dependence on machines or drugs or usually both for the rest of their life, Chinese medicine operates on the principle that where the problem is usually often not where the cause is.

For me, western medical doctors told me I was “normal” and just getting old – hardly acceptable to someone who believe that health and vitality is possible for all regardless of age. It has been my experience as well as that of my friends that western doctors frequently assign legitimate complaints to the “aging” category once

you get over 30. It allows them to cover their inability to treat patients as a whole and maximize health and performance at any age. Since medical doctors have the shortest life span of any profession, it goes without saying that they are still learning their trait with much progress to be made.

Medical doctors were ready to recommend further tests to me and give me some prescription drugs, which never promised to heal me, but only to “alleviate the symptoms” of slow digestion and occasionally feeling weak. Personally for me, my complicated mind cannot accept that. I want reasons and causes to get to the root of the problem and not just cover it over until something more serious arises.

I have been to Tatiana’s office for several sessions, In addition to her treatments, I followed her simple advice like eating more soup, no more junk food and so on. I am getting stronger, all is working better. As I begin to tell her, she looks at me as if she already knows. And she does, I feel it.

As I looked further, Tatiana’s office in Sunnyvale is filled with believers. Many come to see her often and bring their family members. A few simple recommendations may follow but it’s usually a very simple process taking but a few minutes for her to apply her “pranic” energy around a person to help rebalance their energy field and allow the body to heal itself. They are done. They come back several times, more or less depending on the severity of their illness.

Numerous clients testify to Tatiana’s effectiveness. One, Ron McLeod of Sunnyvale came to Tatiana several years ago after having 2 failed back surgeries. He was having severe back and leg pain, had to walk with a cane and was using pain killers constantly. The doctors recommended further surgery. It was then he went to see Tatiana . Now, his doctors say he no longer needs the surgery and the pain is almost completely gone and he doesn’t need the cane nor the pain killers.

Another client, Jacquie, claims to have been constipated since birth. Now 51 years old, Jacquie’s condition is compounded with age. Standard therapies such as castor oil, colon hydrotherapy and

laxatives were decreasing in effectiveness and she was really starting to panic. She heard Tatiana speak on the radio and went to see her as a last resort before major surgery. After 30 days, Jacquie's intake of these various supplements were decreasing and after 4 months she is 95% normal and feels a "buzz" of energy and vibrance in her intestines. A sign of healing, she states.

Tatiana has yet to learn English, yet communicates quite effectively through a translator, though her intent and compassion are readily visible, needing no intermediary. It does take a bit of faith she states. When a person believes, they are more open to receiving this pranic energy and thus it allows her to rebalance their energy field better than if they are not. Yet, regardless, it works to some extent anyway. She has worked on infants who know nothing about believing or not. Rebalancing the outer energy field can have the effect of rebalancing the inner energies that cause healing to occur. This is something medical science has yet to attest to, but I sense they will be arriving at similar conclusions someday in the future. Just as they eventually did with acupuncture and acupressure. Let's hope its within our lifetimes.

For me , I feel a bit lucky to have met Tatiana, and yet when I try to explain it to others, I often get looks as if I am going to tell them that I now will fly off on magic carpet !! Nevertheless, my own sense is that despite the original 007 connotation, we have Tatiana from Russia, with a touch of love for those who want it.

*Ed Strachar is a freelance writer and author of [Energy Healing and the Sixth Sense](#)*

